

## STARTERS

**TATER TOTS 10**  
HOUSE-MADE, PARMESAN, CHIPOTLE AIOLI

**GRILLED BUFFALO WINGS 13**  
HOUSE-MADE BUFFALO SAUCE, GORGONZOLA  
DIPPING SAUCE, CARROTS, CELERY  
ASK FOR KNICK STYLE!

**SWEET & SPICY SHRIMP 14**  
FRIED GULF SHRIMP, SWEET CHILE-SRIRACHA AIOLI,  
TOASTED SESAME SEEDS, SCALLIONS,  
NAPA CABBAGE

**HUMMUS 10**  
DICED TOMATO, KALAMATA OLIVES, CORNICHONS, FETA  
CHEESE, ROASTED RED PEPPERS, TOASTED PITA, CUMIN,  
OLIVE OIL, PINE NUTS

**AHI TUNA TARTARE\* 15**  
AHI TUNA, CUCUMBER, CARROTS, PEARS, SCALLION,  
CRISPY WONTON, SOY-WASABI VINAIGRETTE

**CRAB DIP 14.50**  
BLUE CRAB, CREAM CHEESE, PARMESAN,  
LAVOSH CRACKERS

**BURRATA 14**  
ARUGULA, GRAPE TOMATO, RED ONION,  
PINE NUTS, CROSTINI, PESTO

**CHICKEN QUESADILLA 13**  
BLACK BEAN AND CHIPOTLE SPREAD, CORN,  
CHEDDAR, PEPPERJACK, SOUR CREAM,  
PICO DE GALLO

**ADD AVOCADO \$1**

**BRUSSELS SPROUTS 12**  
FRIED BRUSSELS SPROUTS, APPLEWOOD BACON,  
GOAT CHEESE, TOMATO-BASIL VINAIGRETTE,  
ALMONDS

**GINGER DUSTED CALAMARI 13**  
MARINATED, GINGER DUSTED, SEAWEED SALAD,  
CHILI LIME SAUCE

**BACON SCALLOPS 15**  
APPLEWOOD BACON WRAPPED SCALLOPS,  
BRUSSELS SPROUTS, PORK BELLY, BASIL OIL,  
HERB PARMESAN GREMOLATA

**WHITE PIZZA 12.50**  
ROASTED GARLIC, ROMA TOMATOES, FETA,  
SCALLIONS, FIELD GREENS, BALSAMIC VINAIGRETTE

## GREENS

**BLACKENED SHRIMP\* 15.50**  
FIELD GREENS, DICED TOMATOES,  
DICED MANGOES, FETA, AVOCADO,  
GREEN ONION VINAIGRETTE

**MEDITERRANEAN SALAD 13**  
CHOPPED ROMAINE, CUCUMBER, RED ONION, TOMA-  
TOES, KALAMATA OLIVE, ARTICHOKE HEARTS, FETA,  
CAPERS, LEMON-OREGANO VINAIGRETTE

**BLACKENED SCALLOPS\* 18**  
GRILLED ROMAINE HEARTS, GRAPE TOMATO,  
BACON BITS, WARM GORGONZOLA DRESSING

**CHICKEN CAESAR 13**  
ROMAINE, CROUTONS, PARMESAN

**CHICKEN COBB 13.50**  
CHOPPED ROMAINE, TOMATOES, CUCUMBERS, GOR-  
GONZOLA, SCALLIONS, BACON BITS,

HARD BOILED EGGS, CRISPY WONTONS

**THAI MANGO SALAD 14**  
MIXED GREENS, MANGO, CARROTS, BROCCOLI, BELL  
PEPPERS, SCALLIONS, ALMONDS,  
CILANTRO-LIME VINAIGRETTE, PEANUT SAUCE, CRISPY  
RICE NOODLES

**GRILLED SALMON\* 14.50**  
FIELD GREENS, FRESH DILL, CAPERS, ROMA  
TOMATOES, RADISHES, CUCUMBER, CROUTONS,  
SHREDDED PARMESAN, RED WINE VINAIGRETTE

**GRILLED CORN SALAD 13**  
FRISÉE LETTUCE, GRILLED CORN, RED ONION,  
TOMATO, BELL PEPPERS, COTIJA CHEESE,

CILANTRO LIME VINAIGRETTE

**CHINESE CHICKEN 13.50**

FIELD GREENS, SCALLIONS, MANDARIN ORANGES,  
CRISPY WONTONS, ALMONDS, FRIED RICE  
NOODLES, SESAME TERIYAKI VINAIGRETTE

**HOUSE SALAD 7**  
FIELD GREENS, CHERRY TOMATOES,  
PARMESAN, CUCUMBERS, CARROTS,  
RED WINE VINAIGRETTE

## SANDWICHES AND BURGERS

**BACON-BLUE BURGER\* 13**  
HALF POUND BURGER, GORGONZOLA,  
PICKLED RED ONION, APPLEWOOD BACON,  
BALSAMIC-WATERCRESS AIOLI

**TRUFFLE BURGER\* 14**  
HALF POUND BURGER, CARAMELIZED ONIONS, CRISPY  
PROSCIUTTO, BLACK TRUFFLE CHEDDAR, TRUFFLE-PEP-  
PERCORN AIOLI, PARMESAN & WHITE TRUFFLE OIL FRITES

**BACON, AVOCADO, CHEDDAR BURGER\* 13**  
APPLEWOOD SMOKED BACON, AVOCADO,  
CHEDDAR, LOUIS DRESSING

**TURKEY BURGER 13**  
GRILLED TURKEY BURGER, APPLEWOOD BACON, AVO-  
CADO, PEPPER JACK, SRIRACHA AIOLI

**IMPOSSIBLE BURGER 16**  
GRILLED IMPOSSIBLE BURGER, CURRY ROASTED  
VEGETABLES, COCONUT-AVOCADO DRESSING

**KNICK TACOS\***  
WHITE CORN TORTILLA, NAPA CABBAGE SLAW,  
CORIANDER-LIME CREMA, AVOCADO, PICO DE GALLO

CHOICE OF  
BLACKENED TILAPIA 13

FRIED SHRIMP 15  
PULLED PORK CARNITAS 13

**AHI TUNA BLT\* 16.50**  
SEARED AHI TUNA, APPLEWOOD BACON, TOASTED CUMIN  
AIOLI, ROMA TOMATO, BABY ARUGULA,  
TOASTED WHEAT BREAD

**CUBAN SANDWICH 13**  
PULLED PORK, HAM, SWISS CHEESE,  
PICKLE, WHOLE GRAIN MUSTARD AIOLI

**SESAME SALMON SANDWICH\* 13**  
SESAME SEARED SALMON, ASIAN SLAW,  
SOY-GINGER AIOLI

**REUBEN 13**  
SWISS, SAUERKRAUT, LOUIS DRESSING, MARBLE RYE

**GRILLED CHICKEN PITA 13**  
TOASTED PITA, MARINATED CHICKEN, FIELD GREENS, TO-  
MATOES, OLIVES, CUCUMBERS, RED ONION, FETA CHEESE,  
TZATZIKI SAUCE

**ROASTED TURKEY &  
AVOCADO SANDWICH 12.50**  
ROASTED TURKEY BREAST, APPLEWOOD BACON, AVO-  
CADO, TOMATO, LETTUCE,

SWISS CHEESE, LEMON-HERB AIOLI

**VEGETABLE HUMMUS WRAP 13**  
HUMMUS, BABY SPINACH, CUCUMBER, TOMATO,  
AVOCADO, RED ONION, FETA CHEESE, WHOLE WHEAT  
WRAP

## LUNCH MAIN served Monday-Saturday 11am-4pm

**HERB MARINATED CHICKEN 14**  
GRILLED CHICKEN BREASTS, FINGERLING POTATOES,  
GRILLED ASPARAGUS, ROASTED TOMATOES,  
HERB CHICKEN JUS

**RED SNAPPER 20**  
SEARED SNAPPER, FINGERLING POTATOES, PORK BELLY,  
BRUSSELS SPROUTS, SCALLOP VELOUTE,  
HERB PARMESAN GREMOLATA


**AHI TUNA SALAD\* 20**  
SEARED TUNA, SPINACH & ARUGULA, BRUSSELS  
SPROUTS, CHICKPEAS, TOMATO, CARROTS,  
PINE NUTS, TOMATO-BASIL VINAIGRETTE,  
PICKLED RED ONION

**SALMON 17**  
PAN SEARED SALMON, CURRIED COUSCOUS, GRILLED  
ASPARAGUS, LOBSTER BISQUE,  
LEMON-BASIL BUTTER

**CAJUN TILAPIA\* 14**  
BLACKENED, BASMATI RICE, KALE, BRUSSELS SPROUTS,  
BEAN AND CORN SUCCOTASH

**RAVIOLI OF THE DAY M/P**

**FRIDAY FISH FRY (FRIDAYS ONLY)**  
**COD 13 / PERCH 18**  
STEAK FRIES, TARTAR SAUCE,  
COLESLAW, SALTED RYE BAGUETTE

 Printed on 30% Post Consumer Recycled Paper.  
Sorry, no separate checks. Parties of 5 or more people,  
an 18% gratuity may be suggested. \$4 will be added  
for splitting menu items. No personal checks. We ac-  
cept MasterCard, VISA and American Express. Not  
responsible for lost or stolen items. We reserve the right  
to refuse service. Open Monday-Friday 11am-midnight,  
Saturday and Sunday 9am-midnight.

\*When dining out or at home, thorough cooking of foods  
from animal origin reduces the risk of food borne illness.



# MAIN after 4pm

**SEARED SEA SCALLOPS\* 29**  
SEARED SCALLOPS, SWEET CORN RISOTTO, PEAS, CANDIED TOMATOES, ASPARAGUS, SCALLOP VELOUTE, MICRO GREENS

**SALMON 25**  
PAN SEARED SALMON, CURRIED COUSCOUS, GRILLED ASPARAGUS, LOBSTER BISQUE, LEMON-BASIL BUTTER

**AHI TUNA SALAD\* 26**  
SEARED TUNA, SPINACH & ARUGULA, BRUSSELS SPROUTS, CHICKPEAS, TOMATO, CARROTS, PINE NUTS, TOMATO-BASIL VINAIGRETTE, PICKLED RED ONION

**CAJUN TILAPIA\* 18**  
BLACKENED, BASMATI RICE, KALE, BRUSSELS SPROUTS, BEAN AND CORN SUCCOTASH

**RED SNAPPER 27**  
SEARED SNAPPER, FINGERLING POTATOES, PORK BELLY, BRUSSELS SPROUTS, SCALLOP VELOUTE, HERB PARMESAN GREMOLATA

**SHORT RIB 24**  
LEMONGRASS BRAISED SHORT RIB, BROCCOLINI, BASMATI RICE, PICKLED RED ONION, JALAPENO, CILANTRO OIL

**BONE IN PORK CHOP 24**  
GRILLED PORK CHOP, FINGERLING POTATOES, HARCOT VERTS, DEMI GLACE, CHERRY GASTRIQUE

**BABY BACK RIBS HALF 18 / FULL 24**  
BOURBON BBQ SAUCE, HAND CUT FRITES

**NEW YORK STRIP\* 27**  
10 OUNCE STRIP STEAK, FINGERLING POTATOES, GRILLED BROCCOLINI, GORGONZOLA-HORSERADISH BUTTER, DEMI GLACE

**HERB MARINATED CHICKEN 19**  
GRILLED CHICKEN BREASTS, FINGERLING POTATOES, GRILLED ASPARAGUS, ROASTED TOMATOES, HERB CHICKEN JUS

**PASTA RUSTICA 21**  
PULLED CHICKEN, SUN DRIED TOMATOES, KALE, SHITAKE MUSHROOMS, GARLIC BROTH, GOAT CHEESE, TAGLIATELLE

**VEGAN RISOTTO PRIMAVERA 20**  
SUMMER VEGETABLES, WHIPPED TOFU, MICRO GREENS.

**RAVIOLI OF THE DAY M/P**

**FRIDAY FISH FRY (FRIDAYS ONLY)**  
**COD 13 / PERCH 18**  
STEAK FRIES, TARTAR SAUCE, COLESLAW, SALTED RYE BAGUETTE

# BREAKFAST Saturdays 9am-2pm

**STEAK AND EGGS\* 22**  
STRIP STEAK, TWO EGGS ANY STYLE, CHOICE OF TOAST, BREAKFAST POTATOES, SHALLOT BUTTER

**BREAKFAST QUESADILLA\* 12**  
SCRAMBLED EGG, BACON, BELL PEPPER, SCALLIONS, TOMATOES, PEPPER JACK & CHEDDAR, SOUR CREAM, PICO DE GALLO, BREAKFAST POTATOES.  
**ADD AVOCADO FOR \$1**

**POLISH SAUSAGE AND EGGS\* 13.5**  
GRILLED POLISH SAUSAGE, TWO EGGS ANY STYLE, BREAKFAST POTATOES, CHOICE OF TOAST

**HUEVOS RANCHEROS\*11**  
BLACK BEAN- PEPPER JACK QUESADILLA, TWO EGGS ANY STYLE, BREAKFAST POTATOES, SALSA ROJA, PICO DE GALLO, COTIJA CHEESE

**EGG SANDWICH\* 11**  
SCRAMBLED EGGS, BACON, TOMATOES, CHEDDAR, BREAKFAST POTATOES, SERVED ON A CROISSANT

**BAGEL & LOX PLATE\* 15**  
CAPERS, LETTUCE, TOMATO, ONION, CREAM CHEESE, CUCUMBER SLICES, FRESH DILL

**TOFU SCRAMBLE 11**  
POTATO HASH, TOFU, BLACK BEAN SUCCOTASH, JALAPENOS, AVOCADO, SALSA ROJA

**EGGS ANY STYLE\* 8**  
TWO EGGS, BREAKFAST POTATOES, CHOICE OF TOAST

**BREAKFAST PASTA\* 11**  
SCRAMBLED EGGS, ONIONS, TOMATOES, BACON, FETTUCCINI PASTA, CHIPOTLE CREAM SAUCE, PARMESAN

**CRAB HASH\* 14.50**  
HASHBROWNS, CRAB MEAT, ONIONS, TWO EGGS ANY STYLE, CHOICE OF TOAST

**CORNED BEEF HASH\* 12.5**  
TRADITIONAL HASH, TWO EGGS ANY STYLE, CHOICE OF TOAST

**BISCUITS AND GRAVY\* 12**  
TWO BUTTERMILK BISCUITS, SAUSAGE GRAVY, TWO EGGS ANY STYLE, BREAKFAST POTATOES

**FRENCH TOAST 10**  
VANILLA BRIOCHE, BUTTER, MAPLE SYRUP

**PANCAKES 10**  
SERVED WITH BUTTER AND MAPLE SYRUP

**BANANA PECAN PANCAKES 11**  
WHISKEY BUTTER, MAPLE SYRUP

**FRESH FRUIT AND GRANOLA BOWL 9**  
VANILLA YOGURT, STRAWBERRIES, BANANAS, SEASONAL FRUIT

**SALMON OMELETTE\* 14**  
THREE EGGS, SMOKED SALMON, SCALLIONS, HERB ROASTED TOMATOES, CREAM CHEESE, BREAKFAST POTATOES

**PROSCIUTTO, PESTO & GOAT CHEESE OMELETTE\* 11.5**  
THREE EGGS, AVOCADO, GOATS CHEESE, CRISPY PROSCIUTTO, BASIL-ARUGULA PESTO, BREAKFAST POTATOES

**HEIRLOOM TOMATO & MUSHROOM OMELETTE\* 11**  
THREE EGGS, MUSHROOMS, HEIRLOOM TOMATOES, SWISS CHEESE, BASIL, ONION, BREAKFAST POTATOES, CHOICE OF TOAST

**DENVER OMELETTE\* 11**  
THREE EGGS, HAM, ONIONS, GREEN PEPPERS, CHEDDAR, BREAKFAST POTATOES, CHOICE OF TOAST

**ROASTED VEGETABLE OMELETTE\* 10.5**  
THREE EGGS, ROASTED VEGETABLES, FETA, ROMESCO SAUCE, BREAKFAST POTATOES, CHOICE OF TOAST

**ANDOUILLE SAUSAGE OMELETTE\* 11.5**  
THREE EGGS, ANDOUILLE SAUSAGE, BELL PEPPERS, PICO DE GALLO, PEPPER-JACK, BREAKFAST POTATOES, FLOUR TORTILLA

# BRUNCH Sundays 9am-3pm

**DENVER OMELETTE\* 11**  
THREE EGGS, HAM, ONIONS, GREEN PEPPERS, CHEDDAR, BREAKFAST POTATOES, CHOICE OF TOAST

**HEIRLOOM TOMATO & MUSHROOM OMELETTE\* 11**  
THREE EGGS, MUSHROOMS, HEIRLOOM TOMATOES, SWISS CHEESE, BASIL, ONION, BREAKFAST POTATOES, CHOICE OF TOAST

**SALMON OMELETTE\* 14**  
THREE EGGS, SMOKED SALMON, SCALLIONS, HERB ROASTED TOMATOES, CREAM CHEESE, BREAKFAST POTATOES

**PROSCIUTTO, PESTO, & GOAT CHEESE OMELETTE\* 11.5**  
THREE EGGS, AVOCADO, GOAT CHEESE, CRISPY PROSCIUTTO, BASIL-ARUGULA PESTO, BREAKFAST POTATOES

**ROASTED VEGETABLE OMELETTE\* 10.5**  
THREE EGGS, ROASTED VEGETABLES, FETA, ROMESCO SAUCE, BREAKFAST POTATOES, CHOICE OF TOAST

**ANDOUILLE SAUSAGE OMELETTE\* 11.5**  
THREE EGGS, ANDOUILLE SAUSAGE, BELL PEPPERS, PICO DE GALLO, PEPPER-JACK, BREAKFAST POTATOES, FLOUR TORTILLA

**TRADITIONAL EGGS BENEDICT\* 11**  
ENGLISH MUFFIN, CANADIAN BACON, POACHED EGGS, HOLLANDAISE, BREAKFAST POTATOES

**SMOKED SALMON BENEDICT\* 13**  
ENGLISH MUFFIN, SMOKED SALMON, SPINACH, POACHED EGGS, HOLLANDAISE, FRESH DILL, BREAKFAST POTATOES

**CRAB CAKE BENEDICT\* 14.5**  
ENGLISH MUFFIN, CRAB CAKE, POACHED EGGS, CHIPOTLE HOLLANDAISE, BREAKFAST POTATOES

**VEGETARIAN BENEDICT\* 13**  
ENGLISH MUFFIN, POACHED EGGS, ROASTED VEGETABLES, HERB ROASTED TOMATOES, CHIVES, HOLLANDAISE

**EGGS ANY STYLE\* 8**  
TWO EGGS, BREAKFAST POTATOES, CHOICE OF TOAST

**CORNED BEEF HASH\* 12.5**  
TRADITIONAL HASH, TWO EGGS ANY STYLE, CHOICE OF TOAST

**EGG SANDWICH\* 11**  
SCRAMBLED EGGS, BACON, TOMATOES, CHEDDAR, BREAKFAST POTATOES, SERVED ON A CROISSANT

**HUEVOS RANCHEROS\*11**  
BLACK BEAN- PEPPER JACK QUESADILLA, TWO EGGS ANY STYLE, BREAKFAST POTATOES, SALSA ROJA, PICO DE GALLO, COTIJA CHEESE

**BISCUITS & GRAVY\* 12**  
TWO BUTTERMILK BISCUITS, SAUSAGE GRAVY, TWO EGGS ANY STYLE, BREAKFAST POTATOES

**BREAKFAST PASTA\* 11**  
SCRAMBLED EGGS, ONIONS, TOMATOES, BACON, FETTUCCINI PASTA, CHIPOTLE CREAM SAUCE, PARMESAN

**BAGEL & LOX PLATE\* 15**  
CAPERS, LETTUCE, TOMATO, ONION, CREAM CHEESE, CUCUMBER SLICES, FRESH DILL

**BREAKFAST QUESADILLA\* 12**  
SCRAMBLED EGG, BACON, BELL PEPPER, SCALLIONS, TOMATOES, PEPPER JACK & CHEDDAR, SOUR CREAM, PICO DE GALLO, BREAKFAST POTATOES.

**ADD AVOCADO FOR \$1**

**POLISH SAUSAGE AND EGGS\* 13.5**  
GRILLED POLISH SAUSAGE, TWO EGGS ANY STYLE, BREAKFAST POTATOES, CHOICE OF TOAST

**STEAK AND EGGS\* 22**  
STRIP STEAK, TWO EGGS ANY STYLE, CHOICE OF TOAST, BREAKFAST POTATOES, SHALLOT BUTTER

**CRAB HASH\* 14.50**  
HASHBROWNS, CRAB MEAT, ONIONS, TWO EGGS ANY STYLE, CHOICE OF TOAST

**TOFU SCRAMBLE 11**  
POTATO HASH, TOFU, BLACK BEAN SUCCOTASH, J ALAPENOS, AVOCADO, SALSA ROJA

**FRENCH TOAST 10**  
VANILLA BRIOCHE, BUTTER, MAPLE SYRUP  
**GLUTEN FREE BREAD ADD \$2**

**PANCAKES 10**  
SERVED WITH BUTTER AND MAPLE SYRUP

**BANANA PECAN PANCAKES 11**  
WHISKEY BUTTER, MAPLE SYRUP

**FRESH FRUIT AND GRANOLA BOWL 9**  
VANILLA YOGURT, STRAWBERRIES, BANANAS, SEASONAL FRUIT

# ON THE SIDE

CHOICE OF TOAST	1.50
ENGLISH MUFFIN	2
BAGEL	2.50
CREAM CHEESE	1
APPLEWOOD	
SMOKED BACON	3
CANADIAN BACON	3
SAUSAGE LINKS	3
SAUSAGE PATTIES	3
ONE EGG*	1.50
BREAKFAST POTATOES	2.50
STRAWBERRIES	4
STRAWBERRIES	
AND BANANAS	3.50

# BEVERAGES

COFFEE	3	GRAPEFRUIT JUICE	3.25
ICED COFFEE	4	CRANBERRY JUICE	3.25
ICED CHAI	4	TOMATO JUICE	3.25
CAPPUCCINO	4	PINEAPPLE JUICE	3.25
CAFÉ AU LAIT	4	LEMONADE	3.25
LATTE	4	FRESHLY BREWED ICED TEA	3.25
ESPRESSO	3	COKE, DIET COKE, SPRITE	3
HERBAL TEA	3	SPRECHER ROOT BEER	4
HOT COCOA	3	SPRECHER CREAM SODA	4
MILK	3	SPRECHER ORANGE DREAM	4
SOY MILK	4	ACQUA PANNA	4
ORANGE JUICE	3.25	SAN PELLEGRINO	4