

STARTERS

TATER TOTS 10

HOUSE-MADE, PARMESAN, CHIPOTLE AIOLI

GRILLED BUFFALO WINGS 13

HOUSE-MADE BUFFALO SAUCE, GORGONZOLA DIPPING SAUCE, CARROTS, CELERY ASK FOR KNICK STYLE!

SWEET & SPICY SHRIMP 14

FRIED GULF SHRIMP, SWEET CHILE-SRIRACHA AIOLI, TOASTED SESAME SEEDS, SCALLIONS, NAPA CABBAGE

HUMMUS 10

DICED TOMATO, KALAMATA OLIVES, CORNICHONS, FETA CHEESE, ROASTED RED PEPPERS, TOASTED PITA, CUMIN, OLIVE OIL, PINE NUTS

AHI TUNA TARTARE* 15

AHI TUNA, CUCUMBER, CARROTS, PEARS, SCALLION, CRISPY WONTON, SOY-WASABI VINAIGRETTE

CRAB DIP 14.50

BLUE CRAB, CREAM CHEESE, PARMESAN, LAVOSH CRACKERS

BURRATA 14

ARUGULA, GRAPE TOMATO, RED ONION, PINE NUTS, CROSTINI, PESTO

CHICKEN QUESADILLA 13

BLACK BEAN AND CHIPOTLE SPREAD, CORN, CHEDDAR, PEPPERJACK, SOUR CREAM, PICO DE GALLO
ADD AVOCADO \$1

BRUSSELS SPROUTS 12

FRIED BRUSSELS SPROUTS, APPLEWOOD BACON, GOAT CHEESE, TOMATO-BASIL VINAIGRETTE, ALMONDS

GINGER DUSTED CALAMARI 13

MARINATED, GINGER DUSTED, SEAWEED SALAD, CHILI LIME SAUCE

BACON SCALLOPS 15

APPLEWOOD BACON WRAPPED SCALLOPS, ROASTED BUTTERNUT, KALE, PORK BELLY, MAPLE-CHIPOTLE BUTTER

WHITE PIZZA 12.50

ROASTED GARLIC, ROMA TOMATOES, FETA, SCALLIONS, FIELD GREENS, BALSAMIC VINAIGRETTE

GREENS

BLACKENED SHRIMP* 15.50

FIELD GREENS, DICED TOMATOES, DICED MANGOES, FETA, AVOCADO, GREEN ONION VINAIGRETTE

BEET & APPLE SALAD 14

SPINACH & ARUGULA, ROASTED BEETS, APPLES, SCALLIONS, CUCUMBER, RADISHES, GOAT CHEESE, PECANS, MAPLE-APPLE CIDER VINAIGRETTE

MEDITERRANEAN SALAD 13

CHOPPED ROMAINE, CUCUMBER, RED ONION, TOMATOES, KALAMATA OLIVE, ARTICHOKE HEARTS, FETA, CAPERS, LEMON-OREGANO VINAIGRETTE

CHICKEN COBB 13.50

CHOPPED ROMAINE, TOMATOES, CUCUMBERS, GORGONZOLA, SCALLIONS, BACON BITS, HARD BOILED EGGS, CRISPY WONTONS

GRILLED SALMON* 14.50

FIELD GREENS, FRESH DILL, CAPERS, ROMA TOMATOES, RADISHES, CUCUMBER, CROUTONS, SHREDDED PARMESAN, RED WINE VINAIGRETTE

CHINESE CHICKEN 13.50

FIELD GREENS, SCALLIONS, MANDARIN ORANGES, CRISPY WONTONS, ALMONDS, FRIED RICE NOODLES, SESAME TERIYAKI VINAIGRETTE

CHICKEN CAESAR 13

ROMAINE, CROUTONS, PARMESAN

BUTTERNUT SQUASH SALAD 13

MIXED GREENS, ROASTED BUTTERNUT, DRIED CHERRIES, RED ONION, TOASTED PUMPKIN SEEDS, COTIJA CHEESE, ANCHO-SHERRY VINAIGRETTE

BLACKENED SCALLOPS* 18

GRILLED ROMAINE HEARTS, GRAPE TOMATO, BACON BITS, WARM GORGONZOLA DRESSING

HOUSE SALAD 7

FIELD GREENS, CHERRY TOMATOES, PARMESAN, CUCUMBERS, CARROTS, RED WINE VINAIGRETTE

SANDWICHES AND BURGERS

BACON-BLUE BURGER* 13

HALF POUND BURGER, GORGONZOLA, PICKLED RED ONION, APPLEWOOD BACON, BALSAMIC-WATERCRESS AIOLI

TRUFFLE BURGER* 14

HALF POUND BURGER, CARAMELIZED ONIONS, CRISPY PROSCIUTTO, BLACK TRUFFLE CHEDDAR, TRUFFLE-PEPPERCORN AIOLI, PARMESAN & WHITE TRUFFLE OIL FRITES

BACON, AVOCADO, CHEDDAR BURGER* 13

APPLEWOOD SMOKED BACON, AVOCADO, CHEDDAR, LOUIS DRESSING

TURKEY BURGER 13

GRILLED TURKEY BURGER, APPLEWOOD BACON, AVOCADO, PEPPER JACK, SRIRACHA AIOLI

IMPOSSIBLE BURGER 16

GRILLED IMPOSSIBLE BURGER, CURRY ROASTED VEGETABLES, COCONUT-AVOCADO DRESSING

KNICK TACOS*

WHITE CORN TORTILLA, NAPA CABBAGE SLAW, CORIANDER-LIME CREMA, AVOCADO, PICO DE GALLO

CHOICE OF

BLACKENED TILAPIA 13
FRIED SHRIMP 15
PULLED PORK CARNITAS 13

AHI TUNA BLT* 16.50

SEARED AHI TUNA, APPLEWOOD BACON, TOASTED CUMIN AIOLI, ROMA TOMATO, BABY ARUGULA, TOASTED WHEAT BREAD

CUBAN SANDWICH 13

PULLED PORK, HAM, SWISS CHEESE, PICKLE, WHOLE GRAIN MUSTARD AIOLI

SESAME SALMON SANDWICH* 13

SESAME SEARED SALMON, ASIAN SLAW, SOY-GINGER AIOLI

REUBEN 13

SWISS, SAUERKRAUT, LOUIS DRESSING, MARBLE RYE

GRILLED CHICKEN PITA 13

TOASTED PITA, MARINATED CHICKEN, FIELD GREENS, TOMATOES, OLIVES, CUCUMBERS, RED ONION, FETA CHEESE, TZATZIKI SAUCE

ROASTED TURKEY & AVOCADO SANDWICH 12.50

ROASTED TURKEY BREAST, APPLEWOOD BACON, AVOCADO, TOMATO, LETTUCE, SWISS CHEESE, LEMON-HERB AIOLI

VEGETABLE HUMMUS WRAP 13

HUMMUS, BABY SPINACH, CUCUMBER, TOMATO, AVOCADO, RED ONION, FETA CHEESE, WHOLE WHEAT WRAP

LUNCH MAIN

served Monday-Saturday 11am-4pm

AHI TUNA SALAD* 20

SEARED TUNA, SPINACH & ARUGULA, BRUSSELS SPROUTS, CHICKPEAS, TOMATO, CARROTS, PINE NUTS, TOMATO-BASIL VINAIGRETTE, PICKLED RED ONION

SALMON 17

PAN SEARED SALMON, CURRIED COUSCOUS, GRILLED ASPARAGUS, LOBSTER BISQUE, LEMON-BASIL BUTTER

HERB MARINATED CHICKEN 14

GRILLED CHICKEN BREASTS, FINGERLING POTATOES, GRILLED ASPARAGUS, ROASTED TOMATOES, HERB CHICKEN JUS

HALIBUT 20

SEARED HALIBUT, FORBIDDEN RICE, BOK CHOY, BABY CARROTS, RED MISO DASHI


CAJUN TILAPIA* 14

BLACKENED, SWEET CORN- LIMA BEAN SUCCOTASH, BASMATI RICE

RAVIOLI OF THE DAY M/P

FRIDAY FISH FRY (FRIDAYS ONLY)

COD 13 / PERCH 18
STEAK FRIES, TARTAR SAUCE, COLESLAW, SALTED RYE BAGUETTE

 Printed on 30% Post Consumer Recycled Paper. Sorry, no separate checks. Parties of 5 or more people, an 18% gratuity may be suggested. \$4 will be added for splitting menu items. No personal checks. We accept MasterCard, VISA and American Express. Not responsible for lost or stolen items. We reserve the right to refuse service. Open Monday-Friday 11am-midnight, Saturday and Sunday 9am-midnight.

*When dining out or at home, thorough cooking of foods from animal origin reduces the risk of food borne illness.



The KNICK



MAIN after 4pm

SEARED SEA SCALLOPS* 29
SEARED SCALLOPS, ROASTED CAULIFLOWER & FENNEL PUREE, KALE, BRUSSELS SPROUTS, CRISPY PROSCIUTTO, SHERRY BROWN BUTTER

SALMON 25
PAN SEARED SALMON, CURRIED COUSCOUS, GRILLED ASPARAGUS, LOBSTER BISQUE, LEMON-BASIL BUTTER

AHI TUNA SALAD* 26
SEARED TUNA, SPINACH & ARUGULA, BRUSSELS SPROUTS, CHICKPEAS, TOMATO, CARROTS, PINE NUTS, TOMATO-BASIL VINAIGRETTE, PICKLED RED ONION

CAJUN TILAPIA* 18
BLACKENED, SWEET CORN- LIMA BEAN SUCCOTASH, BASMATI RICE

HALIBUT 26
SEARED HALIBUT, FORBIDDEN RICE, BOK CHOY, BABY CARROTS, RED MISO DASHI

BRAISED SHORT RIB 24
SHORT RIB, ROASTED CAULIFLOWER-FENNEL PUREE, ASPARAGUS, OYSTER MUSHROOM, PORK BELLY, BRANDY-PEPPERCORN DEMI

BONE IN PORK CHOP 24
GRILLED PORK CHOP, FINGERLING POTATOES, HARICOT VERTS, DEMI GLACE, CHERRY GASTRIQUE

BABY BACK RIBS HALF 18 / FULL 24
BOURBON BBQ SAUCE, HAND CUT FRITES

NEW YORK STRIP* 27
10 OUNCE STRIP STEAK, FINGERLING POTATOES, GRILLED BROCCOLINI, GORGONZOLA-HORSERADISH BUTTER, DEMI GLACE

HERB MARINATED CHICKEN 19
GRILLED CHICKEN BREASTS, FINGERLING POTATOES, GRILLED ASPARAGUS, ROASTED TOMATOES, HERB CHICKEN JUS

CAVATELLI 20
ITALIAN SAUSAGE, CARAMELIZED FENNEL, PEARL ONION, PEPPERS, BROCCOLINI, SAMBUCA ROSE SAUCE, SMOKED MOZZARELLA

VEGAN MUSHROOM GNOCCHI 20
WILD MUSHROOMS, PORCINI GNOCCHI, BLACK TRUFFLE, ROSEMARY-CASHEW CREAM SAUCE

RAVIOLI OF THE DAY M/P

FRIDAY FISH FRY (FRIDAYS ONLY) COD 13 / PERCH 18
STEAK FRIES, TARTAR SAUCE, COLESLAW, SALTED RYE BAGUETTE

BREAKFAST Saturdays 9am-2pm

STEAK AND EGGS* 22
8OZ. STRIP STEAK, TWO EGGS ANY STYLE, CHOICE OF TOAST, BREAKFAST POTATOES, SHALLOT BUTTER

BREAKFAST QUESADILLA* 12
SCRAMBLED EGG, BACON, BELL PEPPER, SCALLIONS, TOMATOES, PEPPER JACK & CHEDDAR, SOUR CREAM, PICO DE GALLO, BREAKFAST POTATOES.
ADD AVOCADO FOR \$1

POLISH SAUSAGE AND EGGS* 13.5
GRILLED POLISH SAUSAGE, TWO EGGS ANY STYLE, BREAKFAST POTATOES, CHOICE OF TOAST

HUEVOS RANCHEROS*11
BLACK BEAN- PEPPER JACK QUESADILLA, TWO EGGS ANY STYLE, BREAKFAST POTATOES, SALSA ROJA, PICO DE GALLO, QUESO FRESCO

EGG SANDWICH* 11
SCRAMBLED EGGS, BACON, TOMATOES, CHEDDAR, BREAKFAST POTATOES, SERVED ON A CROISSANT

BAGEL & LOX PLATE* 15
CAPERS, LETTUCE, TOMATO, ONION, CREAM CHEESE, CUCUMBER SLICES, FRESH DILL

CHORIZO TOFU 11
PAPARDELLE, ROASTED RED PEPPERS, AVOCADO, SCRAMBLED EGGS, CILANTRO TOFU RICOTTA AND CHIPOTLE CREAM

EGGS ANY STYLE* 8
TWO EGGS, BREAKFAST POTATOES, CHOICE OF TOAST

BREAKFAST PASTA* 11
SCRAMBLED EGGS, ONIONS, TOMATOES, BACON, FETTUCINI PASTA, CHIPOTLE CREAM SAUCE, PARMESAN

CRAB HASH* 14.50
HASHBROWNS, CRAB MEAT, ONIONS, TWO EGGS ANY STYLE, CHOICE OF TOAST

CORNED BEEF HASH* 12.5
TRADITIONAL HASH, TWO EGGS ANY STYLE, CHOICE OF TOAST

BISCUITS AND GRAVY* 12
TWO BUTTERMILK BISCUITS, SAUSAGE GRAVY, TWO EGGS ANY STYLE, BREAKFAST POTATOES

FRENCH TOAST 10
VANILLA BRIOCHE, BUTTER, MAPLE SYRUP

PANCAKES 10
SERVED WITH BUTTER AND MAPLE SYRUP

BANANA PECAN PANCAKES 11
WHISKEY BUTTER, MAPLE SYRUP

FRESH FRUIT AND GRANOLA BOWL 9
VANILLA YOGURT, STRAWBERRIES, BANANAS, SEASONAL FRUIT

SALMON OMELETTE* 14
THREE EGGS, SMOKED SALMON, SCALLIONS, HERB ROASTED TOMATOES, CREAM CHEESE, BREAKFAST POTATOES

PROSCIUTTO, PESTO & GOAT CHEESE OMELETTE* 11.5
THREE EGGS, AVOCADO, GOATS CHEESE, CRISPY PROSCIUTTO, BASIL-ARUGULA PESTO, BREAKFAST POTATOES

HEIRLOOM TOMATO & MUSHROOM OMELETTE* 11
THREE EGGS, MUSHROOMS, HEIRLOOM TOMATOES, SWISS CHEESE, BASIL, ONION, BREAKFAST POTATOES, CHOICE OF TOAST

DENVER OMELETTE* 11
THREE EGGS, HAM, ONIONS, GREEN PEPPERS, CHEDDAR, BREAKFAST POTATOES, CHOICE OF TOAST

ROASTED VEGETABLE OMELETTE* 10.5
THREE EGGS, ROASTED VEGETABLES, FETA, ROMESCO SAUCE, BREAKFAST POTATOES, CHOICE OF TOAST

ANDOUILLE SAUSAGE OMELETTE* 11.5
THREE EGGS, ANDOUILLE SAUSAGE, BELL PEPPERS, PICO DE GALLO, PEPPER-JACK, BREAKFAST POTATOES, FLOUR TORTILLA

BRUNCH Sundays 9am-3pm

TRADITIONALEGGS BENEDICT* 11
ENGLISH MUFFIN, CANADIAN BACON, POACHED EGGS, HOLLANDAISE, BREAKFAST POTATOES

SMOKED SALMON BENEDICT* 13
ENGLISH MUFFIN, SMOKED SALMON, SPINACH, POACHED EGGS, HOLLANDAISE, FRESH DILL, BREAKFAST POTATOES

CRAB CAKE BENEDICT* 14.5
ENGLISH MUFFIN, CRAB CAKE, POACHED EGGS, CHIPOTLE HOLLANDAISE, BREAKFAST POTATOES

VEGETARIAN BENEDICT* 13
ENGLISH MUFFIN, POACHED EGGS, ROASTED VEGETABLES, HERB ROASTED TOMATOES, CHIVES, HOLLANDAISE

EGGS ANY STYLE* 8
TWO EGGS, BREAKFAST POTATOES, CHOICE OF TOAST

CORNED BEEF HASH* 12.5
TRADITIONAL HASH, TWO EGGS ANY STYLE, CHOICE OF TOAST

EGG SANDWICH* 11
SCRAMBLED EGGS, BACON, TOMATOES, CHEDDAR, BREAKFAST POTATOES, SERVED ON A CROISSANT

HUEVOS RANCHEROS*11
BLACK BEAN- PEPPER JACK QUESADILLA, TWO EGGS ANY STYLE, BREAKFAST POTATOES, SALSA ROJA, PICO DE GALLO, QUESO FRESCO

BISCUITS & GRAVY* 12
TWO BUTTERMILK BISCUITS, SAUSAGE GRAVY, TWO EGGS ANY STYLE, BREAKFAST POTATOES

BREAKFAST PASTA* 11
SCRAMBLED EGGS, ONIONS, TOMATOES, BACON, FETTUCINI PASTA, CHIPOTLE CREAM SAUCE, PARMESAN

ON THE SIDE

CHOICE OF TOAST	1.50
ENGLISH MUFFIN	2
BAGEL	2.50
CREAM CHEESE	1
APPLEWOOD	
SMOKED BACON	3
CANADIAN BACON	3
SAUSAGE LINKS	3
SAUSAGE PATTIES	3
ONE EGG*	1.50
BREAKFAST POTATOES	2.50
STRAWBERRIES	4
STRAWBERRIES AND BANANAS	3.50

BEVERAGES

COFFEE	3	GRAPEFRUIT JUICE	3.25
ICED COFFEE	4	CRANBERRY JUICE	3.25
ICED CHAI	4	TOMATO JUICE	3.25
CAPPUCCINO	4	PINEAPPLE JUICE	3.25
CAFÉ AU LAIT	4	LEMONADE	3.25
LATTE	4	FRESHLY BREWED ICED TEA	3.25
ESPRESSO	3	COKE, DIET COKE, SPRITE	3
HERBAL TEA	3	SPRECHER ROOT BEER	4
HOT COCOA	3	SPRECHER CREAM SODA	4
MILK	3	SPRECHER ORANGE DREAM	4
SOY MILK	4	ACQUA PANNA	4
ORANGE JUICE	3.25	SAN PELLEGRINO	4