

STARTERS

TATER TOTS 10

HOUSE-MADE, PARMESAN, CHIPOTLE AIOLI

GRILLED BUFFALO WINGS 13

HOUSE-MADE BUFFALO SAUCE, GORGONZOLA DIPPING SAUCE, CARROTS, CELERY
ASK FOR KNICK STYLE!

SWEET & SPICY SHRIMP 14

FRIED GULF SHRIMP, SWEET CHILE-SRIRACHA AIOLI, TOASTED SESAME SEEDS, SCALLIONS, NAPA CABBAGE

HUMMUS 10

DICED TOMATO, KALAMATA OLIVES, CORNICHONS, FETA CHEESE, ROASTED RED PEPPERS, TOASTED PITA, CUMIN, OLIVE OIL, PINE NUTS

AHI TUNA TARTARE* 15

AHI TUNA, CUCUMBER, CARROTS, PEARS, SCALLION, CRISPY WONTON, SOY-WASABI VINAIGRETTE

CRAB DIP 14.50

BLUE CRAB, CREAM CHEESE, PARMESAN, LAVOSH CRACKERS

BURRATA 14

GRILLED ASPARAGUS, ARUGULA, ARTICHOKE, TOMATOES, CROSTINI, SMOKED TOMATO COULIS

CHICKEN QUESADILLA 13

BLACK BEAN AND CHIPOTLE SPREAD, CORN, CHEDDAR, PEPPERJACK, SOUR CREAM, PICO DE GALL

ADD AVOCADO \$1

BRUSSELS SPROUTS 12

FRIED BRUSSELS SPROUTS, APPLEWOOD BACON, GOAT CHEESE, TOMATO-BASIL VINAIGRETTE, ALMONDS

GINGER DUSTED CALAMARI 13

MARINATED, GINGER DUSTED, SEAWEED SALAD, CHILI LIME SAUCE

BLT BACON SCALLOPS 15

APPLEWOOD BACON WRAPPED SCALLOPS, ARUGULA, GRAPE TOMATOES, GOAT CHEESE, BASIL-ARUGULA PESTO, PINE NUTS

WHITE PIZZA 12.50

ROASTED GARLIC, ROMA TOMATOES, FETA, SCALLIONS, FIELD GREENS, BALSAMIC VINAIGRETTE

GREENS

BLACKENED SHRIMP* 15.50

FIELD GREENS, DICED TOMATOES, DICED MANGOES, FETA, AVOCADO, GREEN ONION VINAIGRETTE

ASPARAGUS & BEET SALAD 14

SPINACH & ARUGULA, GRILLED ASPARAGUS, ROASTED BEETS, GRAPE TOMATO, RED ONION, GORGONZOLA, PECANS, BALSAMIC VINAIGRETTE

MEDITERRANEAN SALAD 13

CHOPPED ROMAINE, CUCUMBER, RED ONION, TOMATOES, KALAMATA OLIVE, ARTICHOKE HEARTS, FETA, CAPERS, LEMON-OREGANO VINAIGRETTE

CHICKEN COBB 13.50

CHOPPED ROMAINE, TOMATOES, CUCUMBERS, GORGONZOLA, SCALLIONS, BACON BITS, HARD BOILED EGGS, CRISPY WONTONS

GRILLED SALMON* 14.50

FIELD GREENS, FRESH DILL, CAPERS, ROMA TOMATOES, RADISHES, CUCUMBER, CROUTONS, SHREDDED PARMESAN, RED WINE VINAIGRETTE

CHINESE CHICKEN 13.50

FIELD GREENS, SCALLIONS, MANDARIN ORANGES, CRISPY WONTONS, ALMONDS, FRIED RICE NOODLES, SESAME TERIYAKI VINAIGRETTE

WATERMELON-JICAMA SALAD 13

MIXED GREENS, WATERMELON, JICAMA, CUCUMBER, SCALLIONS, TOMATOES, QUESO FRESCO, TOASTED PEPITAS, HONEY-TAJIN VINAIGRETTE

BLACKENED SCALLOPS* 17

GRILLED ROMAINE HEARTS, GRAPE TOMATO, BACON BITS, WARM GORGONZOLA DRESSING

CHICKEN CAESAR 13

ROMAINE, CROUTONS, PARMESAN

HOUSE SALAD 7

FIELD GREENS, CHERRY TOMATOES, PARMESAN, CUCUMBERS, CARROTS, RED WINE VINAIGRETTE

SANDWICHES AND BURGERS

BACON-BLUE BURGER* 13

HALF POUND BURGER, GORGONZOLA, PICKLED RED ONION, APPLEWOOD BACON, BALSAMIC-WATERCRESS AIOLI

TRUFFLE BURGER* 14

HALF POUND BURGER, CARAMELIZED ONIONS, CRISPY PROSCIUTTO, BLACK TRUFFLE CHEDDAR, TRUFFLE-PEPPERCORN AIOLI, PARMESAN & WHITE TRUFFLE OIL FRITES

BACON, AVOCADO, CHEDDAR BURGER* 13

APPLEWOOD SMOKED BACON, AVOCADO, CHEDDAR, LOUIS DRESSING

TURKEY BURGER 13

GRILLED TURKEY BURGER, APPLEWOOD BACON, AVOCADO, PEPPER JACK, SRIRACHA AIOLI

IMPOSSIBLE BURGER 15

GRILLED IMPOSSIBLE BURGER, TERIYAKI GRILLED PORTABELLA, AVOCADO, CHARRED PINEAPPLE-JALAPENO SALSA

KNICK TACOS*

WHITE CORN TORTILLA, NAPA CABBAGE SLAW, CORIANDER-LIME CREMA, AVOCADO, PICO DE GALLO

CHOICE OF

BLACKENED TILAPIA 13

FRIED SHRIMP 15

PULLED PORK CARNITAS 13

AHI TUNA BLT* 16.50

SEARED AHI TUNA, APPLEWOOD BACON, TOASTED CUMIN AIOLI, ROMA TOMATO, BABY ARUGULA, TOASTED WHEAT BREAD

CUBAN SANDWICH 13

PULLED PORK, HAM, SWISS CHEESE, PICKLE, WHOLE GRAIN MUSTARD AIOLI

SESAME SALMON SANDWICH* 13

SESAME SEARED SALMON, ASIAN SLAW, SOY-GINGER AIOLI

REUBEN 13

SWISS, SAUERKRAUT, LOUIS DRESSING, MARBLE RYE

GRILLED CHICKEN PITA 13

TOASTED PITA, MARINATED CHICKEN, FIELD GREENS, TOMATOES, OLIVES, CUCUMBERS, RED ONION, FETA CHEESE, TZATZIKI SAUCE

ROASTED TURKEY &

AVOCADO SANDWICH 12.50

ROASTED TURKEY BREAD, APPLEWOOD BACON, AVOCADO, TOMATO, LETTUCE, SWISS CHEESE, LEMON-HERB AIOLI

VEGETABLE HUMMUS WRAP 13

HUMMUS, BABY SPINACH, CUCUMBER, TOMATO, AVOCADO, RED ONION, FETA CHEESE, WHOLE WHEAT WRAP

LUNCH MAIN served Monday-Saturday 11am-4pm

SALMON 17

PAN SEARED SALMON, CURRIED COUSCOUS, GRILLED ASPARAGUS, LOBSTER BISQUE, LEMON-BASIL BUTTER

AHI TUNA SALAD* 20

FENNEL & PEPPERCORN SEARED TUNA, SPINACH & ARUGULA, BRUSSELS SPROUTS, ARTICHOKE, TOMATO, RED QUINOA, ALMONDS, TOMATO BASIL VINAIGRETTE, PICKLED RED ONION

CAJUN TILAPIA* 14

BLACKENED, SWEET CORN- LIMA BEAN SUCCOTASH, BASMATI RICE

HERB MARINATED CHICKEN 14

GRILLED CHICKEN BREASTS, FINGERLING POTATOES, GRILLED ASPARAGUS, ROASTED TOMATOES, HERB CHICKEN JUS


RAVIOLI OF THE DAY M/P

FRIDAY FISH FRY

(FRIDAYS ONLY)

COD 13 / PERCH 18

STEAK FRIES, TARTAR SAUCE, COLESLAW, SALTED RYE BAGUETTE

 Printed on 30% Post Consumer Recycled Paper. Sorry, no separate checks. Parties of 5 or more people, an 18% gratuity may be suggested. \$4 will be added for splitting menu items. No personal checks. We accept MasterCard, VISA and American Express. Not responsible for lost or stolen items. We reserve the right to refuse service. Open Monday-Friday 11am-midnight, Saturday and Sunday 9am-midnight.

*When dining out or at home, thorough cooking of foods from animal origin reduces the risk of food borne illness.



The KNICK



MAIN after 4pm

SEARED SEA SCALLOPS* 29

SEARED SCALLOPS, RED QUINOA, BACON, CARAMELIZED SHALLOT, BRUSSELS SPROUTS, GRAPEFRUIT CHIMICHURRI

SALMON 25

PAN SEARED SALMON, CURRIED COUSCOUS, GRILLED ASPARAGUS, LOBSTER BISQUE, LEMON-BASIL BUTTER

AHI TUNA SALAD* 26

FENNEL & PEPPERCORN SEARED TUNA, SPINACH & ARUGULA, BRUSSELS SPROUTS, ARTICHOKE, TOMATO, RED QUINOA, ALMONDS, TOMATO BASIL VINAIGRETTE, PICKLED RED ONION

CAJUN TILAPIA* 18

BLACKENED, SWEET CORN- LIMA BEAN SUCCOTASH, BASMATI RICE

MAHI MAHI 25

GRILLED MAHI MAHI, SWEET POTATO SPANISH RICE, SPINACH & KALE, CHARRED PINEAPPLE & JALAPENO SALSA, GRAPEFRUIT CHIMICHURRI

DUCK CONFIT 24

FINGERLING POTATOES, ASPARAGUS, SHIITAKE MUSHROOM, BRUSSELS SPROUTS, DEMI GLACE, BOURBON-APRICOT CHUTNEY

BONE IN PORK CHOP 24

GRILLED PORK CHOP, SWEET POTATO SPANISH RICE, BROCCOLINI, MOLE SAUCE, GIARDINIERA

BABY BACK RIBS

HALF 18 / FULL 24
BOURBON BBQ SAUCE, HAND CUT FRITES

NEW YORK STRIP* 27

10 OUNCE STRIP STEAK, FINGERLING POTATOES, GRILLED BROCCOLINI, GORGONZOLA-HORSERADISH BUTTER, DEMI GLACE

HERB MARINATED CHICKEN 19

GRILLED CHICKEN BREASTS, FINGERLING POTATOES, GRILLED ASPARAGUS, ROASTED TOMATOES, HERB CHICKEN JUS

BUCCATINI BOLOGNESE 20

FRESH MADE BUCCATINI, BOLOGNESE SAUCE, PARMESAN

RAVIOLI OF THE DAY M/P

FRIDAY FISH FRY

(FRIDAYS ONLY)

COD 13 / PERCH 18

STEAK FRIES, TARTAR SAUCE, COLESLAW, SALTED RYE BAGUETTE

BREAKFAST Saturdays 9am-2pm

STEAK AND EGGS* 22

8OZ. STRIP STEAK, TWO EGGS ANY STYLE, CHOICE OF TOAST, BREAKFAST POTATOES, SHALLOT BUTTER

BREAKFAST QUESADILLA* 12

SCRAMBLED EGG, BACON, BELL PEPPER, SCALLIONS, TOMATOES, PEPPER JACK & CHEDDAR, SOUR CREAM, PICO DE GALLO, BREAKFAST POTATOES.

ADD AVOCADO FOR \$1

POLISH SAUSAGE AND EGGS* 13.5

GRILLED POLISH SAUSAGE, TWO EGGS ANY STYLE, BREAKFAST POTATOES, CHOICE OF TOAST

HUEVOS RANCHEROS*11

BLACK BEAN- PEPPER JACK QUESADILLA, TWO EGGS ANY STYLE, BREAKFAST POTATOES, SALSA ROJA, PICO DE GALLO, QUESO FRESCO

EGG SANDWICH* 11

SCRAMBLED EGGS, BACON, TOMATOES, CHEDDAR, BREAKFAST POTATOES, SERVED ON A CROISSANT

BAGEL & LOX PLATE* 15

CAPERS, LETTUCE, TOMATO, ONION, CREAM CHEESE, CUCUMBER SLICES, FRESH DILL

CHORIZO TOFU 11

PAPARDELLE, ROASTED RED PEPPERS, AVOCADO, SCRAMBLED EGGS, CILANTRO TOFU RICOTTA AND CHIPOTLE CREAM

EGGS ANY STYLE* 8

TWO EGGS, BREAKFAST POTATOES, CHOICE OF TOAST

BREAKFAST PASTA* 11

SCRAMBLED EGGS, ONIONS, TOMATOES, BACON, FETTUCINI PASTA, CHIPOTLE CREAM SAUCE, PARMESAN

CRAB HASH* 14.50

HASHBROWNS, CRAB MEAT, ONIONS, TWO EGGS ANY STYLE, CHOICE OF TOAST

CORNED BEEF HASH* 12.5

TRADITIONAL HASH, TWO EGGS ANY STYLE, CHOICE OF TOAST

BISCUITS AND GRAVY* 12

TWO BUTTERMILK BISCUITS, SAUSAGE GRAVY, TWO EGGS ANY STYLE, BREAKFAST POTATOES

FRENCH TOAST 10

VANILLA BRIOCHE, BUTTER, MAPLE SYRUP

PANCAKES 10

SERVED WITH BUTTER AND MAPLE SYRUP

BANANA PECAN PANCAKES 11

WHISKEY BUTTER, MAPLE SYRUP

FRESH FRUIT AND GRANOLA BOWL 9

VANILLA YOGURT, STRAWBERRIES, BANANAS, SEASONAL FRUIT

SALMON OMELETTE* 14

THREE EGGS, SMOKED SALMON, SCALLIONS, HERB ROASTED TOMATOES, CREAM CHEESE, BREAKFAST POTATOES

PROSCIUTTO, PESTO & GOAT CHEESE OMELETTE* 11.5

THREE EGGS, AVOCADO, GOATS CHEESE, CRISPY PROSCIUTTO, BASIL-ARUGULA PESTO, BREAKFAST POTATOES

HEIRLOOM TOMATO & MUSHROOM OMELETTE* 11

THREE EGGS, MUSHROOMS, HEIRLOOM TOMATOES, SWISS CHEESE, BASIL, ONION, BREAKFAST POTATOES, CHOICE OF TOAST

DENVER OMELETTE* 11

THREE EGGS, HAM, ONIONS, GREEN PEPPERS, CHEDDAR, BREAKFAST POTATOES, CHOICE OF TOAST

ROASTED VEGETABLE OMELETTE* 10.5

THREE EGGS, ROASTED VEGETABLES, FETA, ROMESCO SAUCE, BREAKFAST POTATOES, CHOICE OF TOAST

ANDOUILLE SAUSAGE OMELETTE* 11.5

THREE EGGS, ANDOUILLE SAUSAGE, BELL PEPPERS, PICO DE GALLO, PEPPER-JACK, BREAKFAST POTATOES, FLOUR TORTILLA

BRUNCH Sundays 9am-3pm

TRADITIONALEGGS

BENEDICT* 11

ENGLISH MUFFIN, CANADIAN BACON, POACHED EGGS, HOLLANDAISE, BREAKFAST POTATOES

SMOKED SALMON

BENEDICT* 13

ENGLISH MUFFIN, SMOKED SALMON, SPINACH, POACHED EGGS, HOLLANDAISE, FRESH DILL, BREAKFAST POTATOES

CRAB CAKE

BENEDICT* 14.5

ENGLISH MUFFIN, CRAB CAKE, POACHED EGGS, CHIPOTLE HOLLANDAISE, BREAKFAST POTATOES

VEGETARIAN

BENEDICT* 13

ENGLISH MUFFIN, POACHED EGGS, ROASTED VEGETABLES, HERB ROASTED TOMATOES, CHIVES, HOLLANDAISE

EGGS ANY STYLE* 8

TWO EGGS, BREAKFAST POTATOES, CHOICE OF TOAST

CORNED BEEF HASH* 12.5

TRADITIONAL HASH, TWO EGGS ANY STYLE, CHOICE OF TOAST

EGG SANDWICH* 11

SCRAMBLED EGGS, BACON, TOMATOES, CHEDDAR, BREAKFAST POTATOES, SERVED ON A CROISSANT

HUEVOS RANCHEROS*11

BLACK BEAN- PEPPER JACK QUESADILLA, TWO EGGS ANY STYLE, BREAKFAST POTATOES, SALSA ROJA, PICO DE GALLO, QUESO FRESCO

BISCUITS & GRAVY* 12

TWO BUTTERMILK BISCUITS, SAUSAGE GRAVY, TWO EGGS ANY STYLE, BREAKFAST POTATOES

BREAKFAST PASTA* 11

SCRAMBLED EGGS, ONIONS, TOMATOES, BACON, FETTUCINI PASTA, CHIPOTLE CREAM SAUCE, PARMESAN

BAGEL & LOX PLATE* 15

CAPERS, LETTUCE, TOMATO, ONION, CREAM CHEESE, CUCUMBER SLICES, FRESH DILL

BREAKFAST QUESADILLA* 12

SCRAMBLED EGG, BACON, BELL PEPPER, SCALLIONS, TOMATOES, PEPPER JACK & CHEDDAR, SOUR CREAM, PICO DE GALLO, BREAKFAST POTATOES.

ADD AVOCADO FOR \$1

POLISH SAUSAGE

AND EGGS* 13.5

GRILLED POLISH SAUSAGE, TWO EGGS ANY STYLE, BREAKFAST POTATOES, CHOICE OF TOAST

STEAK AND EGGS* 22

8OZ. STRIP STEAK, TWO EGGS ANY STYLE, CHOICE OF TOAST, BREAKFAST POTATOES, SHALLOT BUTTER

CRAB HASH* 14.50

HASHBROWNS, CRAB MEAT, ONIONS, TWO EGGS ANY STYLE, CHOICE OF TOAST

CHORIZO TOFU* 11

PAPARDELLE, ROASTED RED PEPPERS, AVOCADO, SCRAMBLED EGGS, CILANTRO TOFU RICOTTA AND CHIPOTLE CREAM

FRENCH TOAST 10

VANILLA BRIOCHE, BUTTER, MAPLE SYRUP

GLUTEN FREE BREAD ADD \$2

PANCAKES 10

SERVED WITH BUTTER AND MAPLE SYRUP

BANANA PECAN

PANCAKES 11

WHISKEY BUTTER, MAPLE SYRUP

FRESH FRUIT AND

GRANOLA BOWL 9

VANILLA YOGURT, STRAWBERRIES, BANANAS, SEASONAL FRUIT

ON THE SIDE

CHOICE OF TOAST	1.50
ENGLISH MUFFIN	2
BAGEL	2.50
CREAM CHEESE	1
APPLEWOOD	
SMOKED BACON	3
CANADIAN BACON	3
SAUSAGE LINKS	3
SAUSAGE PATTIES	3
ONE EGG*	1.50
BREAKFAST POTATOES	2.50
STRAWBERRIES	4
STRAWBERRIES	
AND BANANAS	3.50

BEVERAGES

COFFEE 3	GRAPEFRUIT JUICE 3.25
ICED COFFEE 4	CRANBERRY JUICE 3.25
ICED CHAI 4	TOMATO JUICE 3.25
CAPPUCCINO 4	PINEAPPLE JUICE 3.25
CAFÉ AU LAIT 4	LEMONADE 3.25
LATTE 4	FRESHLY BREWED ICED TEA 3.25
ESPRESSO 3	COKE, DIET COKE, SPRITE 3
HERBAL TEA 3	SPRECHER ROOT BEER 4
HOT COCOA 3	SPRECHER CREAM SODA 4
MILK 3	SPRECHER ORANGE DREAM 4
SOY MILK 4	ACQUA PANNA 4
ORANGE JUICE 3.25	SAN PELLEGRINO 4